

全品



教辅图书



功能学具



学生之家

基础教育行业专研品牌

30⁺年创始人专注教育行业

全品学练考

AI
智慧升级版

主编
尚德好

练习册

高中英语

选择性必修第一册 WY



本书为智慧教辅升级版

“讲题智能体”支持学生聊着学，扫码后哪里不会选哪里；随时随地想聊就聊，想问就问。



江西美术出版社
全国百佳图书出版单位

01

培养核心素养，聚焦主题语境



Unit 1 Laugh out loud!

主题素养积累

When we are kids, we laugh a lot. Children laugh **dozens of** times a day; they laugh at small things and big things; they laugh at silly jokes and serious things. **But as we become adults, it is much more difficult to laugh so easily.** Do you laugh too little in your life? Do you remember how you used to laugh as a child?

In fact, laughter has a lot of benefits. It's a great way to relax, not just on a **purely** emotional level, but also physically. It can reduce your blood pressure. **And it contributes to the release of hormones and neurotransmitters, which is good for our health; if we are laughing, it means that all is well.**

In addition to this, laughing has a social function. It helps us feel more **at ease** around new

and videos, and read funny articles and books. Be silly with your friends, make jokes and laugh at jokes. **Make a conscious effort** to include things, people, and events that make you laugh in your daily life. Try to see your friends more often. **Hang out** with family members that are nice to be around, with whom you can have fun, laugh, and enjoy yourself.

【主题词句背诵】

1. dozens of 许多, 很多
2. purely *adv.* 完全地, 仅仅
3. contribute to 促成, 导致, 有助于
4. at ease 心情放松, 安逸, 舒适
5. bond *v.* 增强关系, 建立纽带
6. make a conscious effort 有意识地努力
7. hang out 闲逛; 消磨时间
8. But **as we become adults** (时间状语从句), **it is**

02

夯实语言基础，搭建知识框架

词汇点睛

1. mood *n.* 心情

(教材 P1) Lift the **mood** with a joke and explore the area.

用一个笑话来提升情绪, 并探索这个区域。

(1) be in a good/happy/cheerful/relaxed/bad mood

心情愉悦/放松/情绪低落

be/feel in the/no mood for sth/to do sth

有/没有心情做某事

(2) moody *adj.* 情绪多变的, 喜怒无常的; 郁郁寡欢的

【活学活用】

(1) 单句填空

He's been so _____ (mood) lately; one minute he's laughing, the next he's crying over nothing.

句型透视

(教材 P4) **And my magic medicine does indeed seem to do the trick.** 我的灵药似乎确实奏效了。

句型公式

强调谓语句

【归纳拓展】

“do/does/did + 动词原形”构成强调结构, 意为“确实, 的确”, 用来加强谓语句的语气, 但须符合以下两个条件:

(1) 句子是肯定句;

(2) 句子的时态为一般现在时或一般过去时。在一般现在时的句子中, do 随人称变化, 第三人称单数用 does; 在一般过去时的句子中, do 变成 did。其他时态的强调通过重读谓语句词来体现。

课内基础巩固

I 单句填空 (每小题 1.5 分, 满分 12 分)

1. As we drove by, an eye-catching _____ (advertise) for the circus show made us decide to change our plans and spend the day there.
2. The comedian's funny wig and amusing actions provided great _____ (amuse) for the audience.
3. The _____ (mood) teenager's parents were concerned about her mental health and sought the help of a health care professional to address the issue.
4. After injuring her ankle during the game, Maria had to go to the doctor for an

mood can boost our productivity and creativity throughout the day.

2. If your computer is running slow, restarting it often _____ (奏效) to improve performance.
3. The health care administrator needs to _____ (翻阅, 浏览) patient records regularly to ensure that all information is accurate and up-to-date.
4. He cried out _____ (痛苦地) when the bad news came as a surprise.
5. The security guard's badge accidentally _____ (掉下来) his uniform while he was bending down to pick up the dropped

课后素养提升

IV 阅读理解 (每小题 2.5 分, 满分 10 分)

[2025 · 江苏盐城高二五校联考]

I was 6 years old when my father told me we were leaving the Big Apple Circus. Until that point, I had spent most of my life on the circus lot, playing with the other circus kids. The circus, by its nature, is one that has a loose structure. So the early years after my leaving the circus to sit in a classroom all day felt more like a prison.

But years later, I found areas that interested me. I took the skills I had learned from being onstage and applied them to broadcasting. And so when Boston's news station WBUR offered me a job out of college, I jumped at the chance. Along the way, I found I really enjoyed the work. I became WBUR's news reporter. The flexibility and adaptability

anyone—help anyone forget their troubles for 5, 10, and even 30 minutes. And most importantly, for me, it means coming home.

- () 1. How did the author feel in the early years of school?
- A. Curious. B. Unfree.
C. Loose. D. Impatient.
- () 2. What do we know about the author's job at WBUR?
- A. He did it for his father.
B. He did it against his will.
C. He risked his neck doing it.
D. He took to it like a duck to water.
- () 3. What does the circus probably mean to the author?
- A. A means of living.
B. A chance to go anywhere.
C. A part of his identity.
D. A way to forget his troubles.

II 写作

第一节 应用文写作 (满分 15 分)

[2025 · 广东深圳部分学校高二期中]

假定你校英文报正在进行征文活动, 主题是“Maintain a good mood”。你打算写一篇短文投稿, 内容包括:

1. 保持好心情的理由;
2. 保持好心情的方法。

注意: 1. 写作词数应为 80 个左右;

2. 短文标题已经为你写好。

How to maintain a good mood

第二节 读后续写 (满分 25 分)

阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。

I fell seriously ill when I was twelve and I was in hospital for the better part of the summer. For the first week or so, I was so uncomfortable that I did nothing but sleep. As I started feeling better, I wanted to keep engaged. I read too quickly for my mum to keep me in books and wasn't really interested in television either, so my mum was desperate.

One day, she accidentally hit on one of the

CONTENTS



01 Unit 1 Laugh out loud!

Period One	Starting out & Understanding ideas	001
Period Two	Using language	004
Period Three	Developing ideas	007
Period Four	Writing	010
▶ 单元小测 (Unit 1)		013

02 Unit 2 Onwards and upwards

Period One	Starting out & Understanding ideas	016
Period Two	Using language	019
Period Three	Developing ideas	022
Period Four	Writing	025
▶ 单元小测 (Unit 2)		028

03 Unit 3 Faster, higher, stronger

Period One	Starting out & Understanding ideas	031
Period Two	Using language	034
Period Three	Developing ideas	037
Period Four	Writing	040
▶ 单元小测 (Unit 3)		043

04 Unit 4 Meeting the muse

Period One	Starting out & Understanding ideas	046
Period Two	Using language	049
Period Three	Developing ideas	052
Period Four	Writing	055
▶ 单元小测 (Unit 4)		058

05 Unit 5 Revealing nature

Period One	Starting out & Understanding ideas	061
Period Two	Using language	064
Period Three	Developing ideas	067
Period Four	Writing	070
单元小测 (Unit 5)		073

06 Unit 6 Nurturing nature

Period One	Starting out & Understanding ideas	076
Period Two	Using language	079
Period Three	Developing ideas	082
Period Four	Writing	085
单元小测 (Unit 6)		088

M 默写本

课文助读	默 001
Unit 1 Laugh out loud!	默 017
Unit 2 Onwards and upwards	默 019
Unit 3 Faster, higher, stronger	默 021
Unit 4 Meeting the muse	默 023
Unit 5 Revealing nature	默 025
Unit 6 Nurturing nature	默 027
参考答案	默 029

■ 参考答案 (练习册) [另附分册 P091~P114]

■ 导学案 [另附分册 P115~P192]

>> 测 评 卷

单元素养测评卷 (一) [Unit 1]	卷 001
单元素养测评卷 (二) [Unit 2]	卷 005
单元素养测评卷 (三) [Unit 3]	卷 009
单元素养测评卷 (四) [Unit 4]	卷 013
单元素养测评卷 (五) [Unit 5]	卷 017
单元素养测评卷 (六) [Unit 6]	卷 021
参考答案	卷 025



Unit 1 Laugh out loud!

★ 提示：加底纹词汇为复现词汇

Period One Starting out & Understanding ideas

课内基础巩固

❶ 单句填空(每小题 1.5 分, 满分 12 分)

1. As we drove by, an eye-catching _____ (advertise) for the circus show made us decide to change our plans and spend the day there.
2. The comedian's funny wig and amusing actions provided great _____ (amuse) for the audience.
3. The _____ (mood) teenager's parents were concerned about her mental health and sought the help of a health care professional to address the issue.
4. After injuring her ankle during the game, Maria had to go to the doctor for an _____ (examine).
5. During the long summer vacation, many students experience _____ (bore) because they have too much free time and not enough activities.
6. The _____ (employ) carefully examined each candidate's qualifications and experience before he made a hiring decision.
7. Many people depend on the smartphone for _____ (entertain), playing games, watching movies and viewing TikTok short videos.
8. The detective _____ (spot) a crucial clue that others had overlooked, leading to the resolution of the case.

❷ 短语填空(每小题 2 分, 满分 12 分)

1. Listening to uplifting music can improve our mood, and _____ (转而), a positive

mood can boost our productivity and creativity throughout the day.

2. If your computer is running slow, restarting it often _____ (奏效) to improve performance.
3. The health care administrator needs to _____ (翻阅, 浏览) patient records regularly to ensure that all information is accurate and up-to-date.
4. He cried out _____ (痛苦地) when the bad news came as a surprise.
5. The security guard's badge accidentally _____ (掉下来) his uniform while he was bending down to pick up the dropped keys.
6. Seeing us depressed, she tried to entertain us with stories and jokes to _____ (使我们高兴起来).

❸ 句型训练(每小题 3 分, 满分 12 分)

1. Please _____ to the schedule, as I need to adjust my plans accordingly. (keep)
请随时告知我日程的任何变动, 因为我需要相应地调整我的计划。
2. I am grateful to my English teacher, _____ I have been making progress in my English. (定语从句)
我很感激我的英语老师, 在他的帮助下我的英语一直在进步。
3. We _____ before asking for help, but it was beyond our capabilities. (强调谓语)
我们确实在寻求帮助之前尝试了自己解决问题, 但这个问题超出了我们的能力范围。

4. _____ over the distant mountains, she couldn't resist taking a photo. (非谓语)

看到远处山峦上那令人叹为观止的日落,她忍不住拍了一张照片。

课后素养提升

Ⅳ 阅读理解 (每小题 2.5 分, 满分 10 分)

[2025·江苏盐城高二五校联考]

I was 6 years old when my father told me we were leaving the Big Apple Circus. Until that point, I had spent most of my life on the circus lot, playing with the other circus kids. The circus, by its nature, is one that has a loose structure. So the early years after my leaving the circus to sit in a classroom all day felt more like a prison.

But years later, I found areas that interested me. I took the skills I had learned from being onstage and applied them to broadcasting. And so when Boston's news station WBUR offered me a job out of college, I jumped at the chance. Along the way, I found I really enjoyed the work. I became WBUR's news reporter. The flexibility and adaptability I'd learned in the circus as a child helped me do my job naturally and easily in a stressful situation—whether it was a destructive tornado outside Boston, or the Boston Marathon bombings of 2013.

But then a serious infectious disease appeared. Suddenly, for the first time in my adult life, I went for a year without doing any shows. But it became clear to me that performing was what I truly wanted. For me, the circus symbolizes who I am. And stages have always been where I've felt the most free. Some people get nervous before they go onstage, but by assuming (扮演) the character of Jacques ze Whipper and drawing a stupid moustache on my face, all my social anxiety disappears.

Circus performances go beyond age, socioeconomic status (地位), and even language. It's the type of performance where you can go anywhere in the world to entertain

anyone—help anyone forget their troubles for 5, 10, and even 30 minutes. And most importantly, for me, it means coming home.

() 1. How did the author feel in the early years of school?

- A. Curious. B. Unfree.
C. Loose. D. Impatient.

() 2. What do we know about the author's job at WBUR?

- A. He did it for his father.
B. He did it against his will.
C. He risked his neck doing it.
D. He took to it like a duck to water.

() 3. What does the circus probably mean to the author?

- A. A means of living.
B. A chance to go anywhere.
C. A part of his identity.
D. A way to forget his troubles.

() 4. Why does the author write the text?

- A. To express his love for circus performances.
B. To stress the value of performing.
C. To share his personal experiences in a circus.
D. To discuss the problem of choosing a job.

Ⅴ 阅读七选五 (每小题 2.5 分, 满分 12.5 分)

[2025·吉林长春东北师大附中高二期中]

A fixed mindset of interest can harm creativity and innovation. If people believe they are limited to only a few particular interests and, in consequence, do not explore other areas, they may miss seeing important connections across different dimensions(维度).

1. _____ Those who have a growth mindset are also more likely to be creative when solving problems.

2. _____ In June, we published findings from an intervention(干预) that succeeded in that aim. In two studies involving more than 700 first-year liberal arts undergraduates, we began by assessing how our participants saw themselves. The majority held strong interest in the arts, humanities and social sciences. 3. _____

We then randomly assigned students to either our intervention or a study skills module. Our intervention included reading and reflective writing activities that helped students think about interests and passions as cultivated rather than as simply found and fixed. 4. _____ The study skills module had a similar set of exercises but with an emphasis on building classic skills, such as time management and active learning.

These students were required to take at least one maths and science course during their first year. That meant we could check how the intervention may have influenced their perspectives(视角) on maths and science.

By the end of the year, students who had received the intervention were more interested in their required maths and science courses than those who received the study skills module—and this boost was particularly apparent among students who initially reported that they were not a “maths-and-science person”. 5. _____ These students became more skilled in maths and science and grew into interdisciplinary (跨学科的) scholars.

- A. So can a growth mindset of interest be taught?
B. How can a growth mindset of interest be cultivated?
C. Meanwhile, a growth mindset of interest comes with many advantages.
D. Moreover, most reported that they were not a “maths-and-science person”.

- E. They also earned better grades in courses than those receiving the study skills module.
F. However, a growth mindset of interest can fuel people’s further exploration to different fields.
G. For example, students read an article stating the benefits of viewing interest as developable.

Ⅶ 语法填空 (每小题 1.5 分, 满分 15 分)

[2025·山西太原高二期中]

Chinese humour, deeply 1. _____ (root) in the country’s rich history and cultural traditions, sets itself apart from Western humour. First of all, in China, humour often comes from traditional cultural elements, 2. _____ reflect the social values of Chinese society. Foreigners may find 3. _____ hard to fully understand Chinese jokes, for they may involve historical figures or ancient 4. _____ (saying) that are unfamiliar to them. Also, Chinese humour is sometimes 5. _____ (intelligent) and less direct, requiring the audience 6. _____ (think) and infer the meaning behind the words, creating a richer and more engaging experience. Third, the Chinese language has unique characteristics, and this contributes to its humour. Idioms and four-character phrases can be used 7. _____ creative ways to generate humour. Additionally, the use of puns (双关语) and wordplay is popular, making the humour even more complex. There are a few other differences to keep in mind: physical comedy sometimes does not go down well with Chinese people; neither do jokes about marriage, since it 8. _____ (consider) too personal.

In conclusion, humour in China is 9. _____ important part of Chinese culture. It not only brings joy and laughter to people but also reflects the 10. _____ (wise) and creativity of the Chinese people.

班级	
姓名	
题号	答案区
阅读理解	
1	
2	
3	
4	
七选五	
1	
2	
3	
4	
5	

Period Two Using language

课内基础巩固

❶ 单句填空(每小题 1.5 分,满分 13.5 分)

1. The athlete **grinned** with confidence, _____ was fully prepared and eager to take on the challenge ahead.
2. I wanted to be a fireman, _____ uniform **badge** looked so cool.
3. The mountain resort, _____ skiing and snowboarding are popular activities, **impresses** visitors from all over the world.
4. The team's exceptional performance resulted in their victory in the championship, _____ **deserved** praise and recognition.
5. They came to China in the 1980s _____ China began to carry out reform and opening-up.
6. The **employer** employed over 8,000 workers, eighty percent of _____ were well-educated.
7. The **advertisement** _____ you designed for the campaign was very effective in reaching the target audience.
8. _____ you can imagine, after receiving the disappointing news, he walked around with a **long face**, unable to hide his disappointment and frustration.
9. There is no reason _____ we cannot complete the assignment on time if we all work together efficiently.

❷ 语法 + 写作(定语从句)(每小题 3 分,满分 12 分)

1. _____, his efforts paid off, and his wonderful performance received bursts of applause.
正如我们所预料的,他的努力得到了回报,他的精彩表演获得了一阵阵的掌声。
2. The team's performance in the game was disastrous, _____ the **laughing stock** of the sporting world.

这支队伍在比赛中的表现非常糟糕,这使他们成为体育界的笑柄。

3. The city, _____, is famous for its ancient architecture.
这座城市的历史可追溯到几个世纪前,它以古老的建筑而闻名。
4. The farm, _____, supplies local restaurants and markets with organic food.
这个农场种植着新鲜农产品,为当地餐馆和市场提供有机食品。

❸ 语篇语法填空(每小题 1.5 分,满分 15 分)

[2025·山东德州高二期中]

Nearly three decades have passed since Xu Jiadong first entered a bamboo forest with his father to pick suitable bamboo for making folding fans. It was in Anji County of Zhejiang Province, 1. _____ a special type of bamboo known as “jade bamboo” grows. Xu, who was in his late twenties at the time, still remembers the lessons he 2. _____ (receive) from his father then.

Generally speaking, bamboo which has grown to 5 years old 3. _____ (desire) with a natural layer of white, waxy(蜡状的) substance 4. _____ (coat) the plant. This is bamboo wax, and when it is 5. _____ (intentional) removed, the green colour underneath is revealed.

By the time folding fans became popular in the 14th century, bamboo had long stood 6. _____ a symbol of virtue and integrity in Chinese culture. Paintings from ancient times, 7. _____ (inspire) by the unbreakability and flexibility of bamboo, symbolized the artists' virtue.

These qualities made 8. _____ a favoured material for fan-makers, including Xu's family, who have passed down the workmanship for generations. Fans made from rare materials may be valuable, but they lack

the unique cultural 9. _____ (significant) that bamboo provides. Today, Xu continues the techniques learned from his father, ensuring that each fan reflects 10. _____ (impress) Chinese craftsmanship.

课后素养提升

Ⅳ 完形填空 (每小题 1 分, 满分 15 分)

[2025·浙江六校联盟高二期中]

I didn't possess any of that pioneer spirit of exploring the unknown. Besides, the long journey would take 1 for transportation, accommodations and meals. Unless someone paid for all those 2 items, that road trip wasn't happening anytime soon. But I always imagined 3 being at all the places I had only read about in books.

One day, I noticed a brochure 4 a teacher creativity fellowship (团队) programme for the summer. This fellowship was for teachers like me who had taught for a number of years and needed a 5 passion for continuing our teaching career. I read over the 6 of the programme. One of the examples 7 travelling to domestic locations to study literature and history.

Not expecting any 8, I went ahead and mailed my 9. Then, reality hit me. Two months later, I learned I was one of eighty 10 from hundreds of applicants.

With a(n) 11 on the outside and fear on the inside, I 12 packing and booking hotels near the sites I wished to visit. I started on my travels the next morning with a new purpose in each step.

Yes, I 13 my adventure and continued using all I learned in my long teaching career. Ever since that trip, I have travelled to 14 locations and given lectures about my fellowship and my life has changed due to a brave 15.

- () 1. A. money B. security
C. respect D. experience

- () 2. A. efficient B. necessary
C. potential D. convenient
() 3. A. barely B. gradually
C. normally D. actually
() 4. A. seeking B. warning
C. examining D. advertising
() 5. A. rare B. mild
C. new D. limited
() 6. A. conclusion B. structure
C. feature D. content
() 7. A. mentioned B. opposed
C. repeated D. remarked
() 8. A. plot B. success
C. delay D. hesitation
() 9. A. essay B. draft
C. application D. bill
() 10. A. spotted B. removed
C. selected D. adjusted
() 11. A. smile B. tear
C. anxiety D. concern
() 12. A. set about B. called on
C. brought about D. insisted on
() 13. A. finished B. stopped
C. switched D. prohibited
() 14. A. abnormal B. unfamiliar
C. instant D. unavailable
() 15. A. escape B. encounter
C. attempt D. appointment

Ⅴ 阅读七选五 (每小题 2.5 分, 满分 12.5 分)

[2025·江苏常州高二期中]

Emptiness

Have you ever felt like floating in a vast ocean with no land in sight? 1. _____ But it's not just about physical loneliness or a lack of excitement. It is typically emptiness—the result of feeling unaccomplished in life.

2. _____ This feeling can appear at

班级	
姓名	
答题区	
题号	
完形	
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
七选五	
1	
2	
3	
4	
5	

various stages and is often linked to major life events or changes. In our teens, we're figuring out who we are and where we fit in the world. It's a time of great discovery but also confusion. This can sometimes lead to a strong sense of emptiness as we struggle with our identity. Moving into early adulthood, many people experience the so-called "quarter-life crisis". The pressures of establishing a career, maintaining relationships, and learning to be an adult can make this feeling stronger. 3. _____ In fact, it might become even stronger due to factors such as experiencing a bottleneck in career or children leaving home. Entering into later life brings its own set of challenges too. Retiring from work, losing loved ones or facing health problems could all contribute to this emotion.

It's important to admit that feeling empty occasionally is a part of the human experience. 4. _____ One tried-and-true method is mindfulness meditation (正念冥想). Research shows that it can help us become more aware of our feelings and thoughts, making it easier for us to deal with them instead of feeling lost. Remember, though, it's important not to contain these feelings. 5. _____ Besides, participating in activities that bring joy can also relieve feelings of emptiness. These might include creative activities like painting or writing, physical activities such as hiking or cycling, or simply spending time with loved ones.

In truth, managing an "empty feeling" takes practice and patience but believe me when I say—it gets better!

- A. Sharing experiences within a group can lead to a sense of belonging.
- B. Besides, understanding and addressing this "empty feeling" isn't easy.
- C. People commonly describe this feeling as a sense of loneliness or boredom.
- D. During our journey through life, it's not uncommon to experience periods of emptiness.

- E. However, if this feeling persists and negatively affects your life, it's advisable to seek help.
- F. Emotions are there for a reason and recognizing them is a critical part of the healing process.
- G. As I reflect on middle age, it's clear that empty feelings don't simply disappear as we grow older.

Ⅶ 语法填空(每小题 1.5 分, 满分 15 分)

As the saying goes, laughter is the best medicine. Laughing is like a super drug for your health that can lift your mood, lessen pain, and protect you from the 1. _____ (harm) effects of stress.

Journalist, author and professor Norman Cousins was 2. _____ well-known supporter of laughter as a form of medicine and an outstanding figure 3. _____ the field of health and wellness. Diagnosed with ankylosing spondylitis (强直性脊柱炎) in the late 1960s, Cousins 4. _____ (age) about 50, had little hope of recovery, just one in 500 chance. However, Cousins 5. _____ (notice) that his pain decreased when he was involved in laughter, according to the Newport Academy. So, he began to schedule funny movies for 6. _____ (he) on a regular basis. 7. _____ (remarkable), he lived another 25 years after diagnosis and conducted in-depth research on the medical benefits of laughter, with the support of California University Hospital.

Since then, research has continuously confirmed the effectiveness of laughter in relieving pain 8. _____ improving overall well-being. It's found that a hearty laugh can lessen physical tension, 9. _____ (leave) muscles relaxed for up to 45 minutes. Importantly, these physical improvements have a significant positive impact on mental health, as the mind and the body 10. _____ (connect).

Period Three Developing ideas

课内基础巩固

❶ 单词拼写(每小题 1 分,满分 5 分)

1. The **barber** is highly skilled and has a warm service attitude towards customers, for which he wins good _____ (名誉) in the town.
2. Understanding the basic principles of mathematics is _____ (必不可少的) for solving problems in science and engineering.
3. He _____ (一贯地) scored above average in all his exams, which **impressed** his teachers.
4. In his history class, John was asked to write an e _____ on the causes of World War II.
5. I tried various methods, but a simple solution ultimately **did the trick** to solve the c _____ problem.

❷ 单句填空(每小题 1.5 分,满分 12 分)

1. Positive social _____ (interact) is necessary for the emotional well-being and mental health of individuals.
2. The _____ (cruel) of the situation left her with a **long face**, unable to hide her sadness and disappointment.
3. In _____ (conclude), playing a **practical joke** on someone may seem harmless, but it is important to consider the potential negative impact on relationships.
4. To improve my vocabulary, I started reading _____ (literature) magazines, and it **did the trick**.
5. The _____ (impress) collection of rare books in the library is a treasure for researchers and historians.
6. He believes that everyone **deserves** _____ (treat) with respect,

regardless of their background.

7. In music class, we learned about the _____ (compose) of a symphony and how different instruments contribute to the overall sound.
8. His _____ (enthusiastic) for collecting rare stamps has led him to travel to many countries around the world.

❸ 短语填空(每小题 2 分,满分 12 分)

1. To develop a comprehensive understanding of a scientific phenomenon, the concept needs to _____ (与……结合起来) practical experiments.
2. I decided to _____ (删除) some non-essential details to make the main points of my article stand out more clearly.
3. I thought his **concluding** speech _____ (使……显得清楚) the differences between Chinese and Western cultures.
4. When my friend made a playful **remark** about my dating life during the dinner party, it _____ (使我难堪).
5. Jake's laziness caused the team to _____ (不能按时完成) schedule, and the project leader gave him a harsh tell-off.
6. Jake's friends played a **practical joke** on him, and when he finally realized what had happened, he couldn't resist _____ (笑了起来).

❹ 句型训练(每小题 3 分,满分 9 分)

1. _____, he pointed the gun at the lion but didn't fire with hesitation. (非谓语)
他慢慢地走过草地,把枪对准狮子,但是犹豫了一下,并没有开枪。
2. _____, this talented **composer** always seems to have an endless supply of creative ideas flowing

through his mind. (while 引导状语从句)

虽然许多艺术家都在努力寻找灵感,但这位才华横溢的作曲家似乎总有源源不断的创意在他的脑海中涌现。

3. When _____, out of a strong

passion for knowledge, he continued to study, earning a doctorate in physics in 1905. (省略结构)

在那里工作时,出于对知识的强烈热爱,他继续学习,于1905年获得物理学博士学位。

课后素养提升

Ⅶ 阅读理解(每小题2.5分,满分20分)

A [2025·重庆第七中学高二期中]

Last summer at a bookstore, my son Henry was fascinated by the cover of the first novel from Peter Brown's middle-grade trilogy (三部曲). He then finished it in just two days. "Dad, why did *The Wild Robot* have to be so sad?" he tearfully asked me.

The story is set on a remote island, where a robot named Roz learns to survive and communicate with the island's creatures, and becomes part of the community. For my son, it was the first book he discovered on his own; the first to impact him with the mix of tragedy (悲剧) and joy.

When I finished the book, I knew why Henry loved it. In our book club discussion, he described how Brown's pictures and words had made the story feel real. When talking about its final scenes, where Roz leaves to find repairs for her injured body, Henry cried again. His previous reading experiences had cheerful, "happily-ever-after" endings, but this book introduced him to the beauty of complex emotions. I tried to explain how sadness can enhance the meaning of happy moments, but failed to fully persuade him.

Once our discussion ended, Henry requested me to buy *The Wild Robot Escapes* and instantly fell in love with it. He read the first two books repeatedly, so you can imagine his excitement when we finally got a copy of *The Wild Robot Protects*.

We both agree it is worth the wait. Roz

leaves the island again to stop an underwater threat: "the poison tide". Brown expertly balances between breathtaking adventure and unsettling ideas—not just happiness and sadness, but also, given the climate-change undercurrents (暗流), hope and despair.

And, here's something special about Roz: her physical clumsiness (笨拙) and confusion about life, conveyed through her expressive eyes and downturned mouth. Her story reflects the challenges of surviving in a strange place, much like a child's journey. Readers love Roz. They learn from her. Even better, they learn alongside her. Roz gave Henry the power to push through the first book's sad parts, getting him ready to appreciate that, sometimes, sadness isn't a bad thing to feel.

() 1. What drove the author to read *The Wild Robot*?

- A. Its attractive cover.
- B. Henry's tearful recommendation.
- C. Its tragic ending.
- D. Henry's emotional reaction to it.

() 2. What is one theme of *The Wild Robot Protects*?

- A. Family and society.
- B. Exploration of the ocean.
- C. Concerns over global issues.
- D. Man-robot relationships.

() 3. What makes Roz in the trilogy special?

- A. Her childlike expressions.
- B. Her struggling experiences.
- C. Her robotic power.
- D. Her adventurous spirit.

- ()4. Which message does this text seem to communicate?
- A. Misfortune inspires great literary works.
- B. Robot stories work like magic on children.
- C. Book discussions help kids survive tragedies.
- D. Reading literature facilitates personal growth.

B [2025·山东青岛高二期中]

For a lucky 32 percent or so of humans, happiness may seem like a matter of good genes. That's because their DNA encodes (编码) certain personality quality, like outgoing and low anxiety, which are closely linked to increased levels of life satisfaction. In studies of twins, those genetic differences help explain why one twin was happier with their life than the other.

But a happy life isn't entirely determined by genes. For the most part, your happiness is impacted by environmental and behavioural factors, aspects of your lives over which we can exercise some control. And there are more direct ways to boost our happiness level, too.

Often referred to as "positive psychology", a growing body of evidence suggests there are interventions that can teach people happiness skills, like how to be more compassionate with themselves, or how to enjoy positive experiences. Some emphasize reflecting on your personal strengths and values. Others involve thoughts or connecting with others. Admittedly, none will lead to excitement—but they can make a meaningful difference in your life.

A researcher Lyubomirsky compares learning happiness to creating exercise habits—a routine that has to be practised frequently. One strategy she recommends is writing thank-you letters to people in your life.

But there's no magic set of practices,

though. That's why Lyubomirsky says it's important to find techniques that work for you. If a thank-you letter gets boring or isn't your thing, try calling a friend or thinking.

But neither genes nor clinically tested exercises can protect people from the reality that life is hard. During the pandemic, Santos found herself overworked, exhausted and nearly close to burnout. She was fortunate enough to take a holiday and practise the strategies. The experience has been an important reminder for Santos that even the most scientifically supported exercises can't help if you don't do them.

"The strategies I teach work," she says. "But you have to make sure you're following them and putting them into practice, which takes regular work and effort."

- ()5. Which factors mainly influence people's happiness?
- A. The inborn personality aspects.
- B. The education that people receive.
- C. The living environment and habits.
- D. The interpersonal relationship.
- ()6. How can we learn to be happy?
- A. Explore our shining points.
- B. Compare ourselves with other people.
- C. Appreciate unique life experiences.
- D. Think for others instead of ourselves.
- ()7. What does Santos suggest people do?
- A. Write thank-you notes to their parents.
- B. Take a break to relieve their burden.
- C. Find a method suitable for them and stick to it.
- D. Read more books to get the practical techniques.
- ()8. What can be a suitable title for the text?
- A. Train yourself to be positive
- B. Say no to negative influences
- C. The importance of psychology
- D. The secret of personality quality

班级

姓名

题 答
号 题
阅 区
理 解

1

2

3

4

5

6

7

8

Period Four Writing

① 阅读理解(每小题 2.5 分,满分 20 分)

A [2025·辽宁大连高二联考]

It seems you can ask artificial intelligence (AI) programs anything, and they'll give you an answer back. So, can they tell jokes? This question was raised when UK comedian Karen Hobbs performed in late June. Instead of the usual jokes she created, Hobbs delivered jokes written by ChatGPT. The process made her nervous.

Hobbs said that when she asked ChatGPT for a joke, what it provided was a man joking about being impatient with his shopping-obsessed (痴迷于购物的) girlfriend. Even when she asked to switch to the woman's perspective, the joke still featured a shopping-obsessed girlfriend, just told from the first-person perspective.

It's no surprise that many jokes come from a male perspective in online materials, as males dominate the field of comedy. The BBC commented that AI storytelling can only reproduce information that already exists in some form, although it can produce some never-before-seen combinations of ideas.

"One way that AI can tell jokes is to do what any 5-year-old does—repeat a successful joke they have heard or try to make an obvious variation of it," said Les Carr, a professor of Web science.

Nonetheless, a good joke in real life can always adjust to the audience's feedback, which often leads comedians to improvise (即兴创作). This, unfortunately, is beyond the current capabilities of AI.

For instance, in improvisation, there is no space for premeditation (预先策划); the comedian must rely only on their instinctive (直觉的) reaction to the audience.

"A well-done stand-up bit can lead the audience through a funny story all the way to a hilarious punchline (令人捧腹的妙语)," Michael Ryan, a student researching AI's impact on comedy, explained to the BBC. "The whole time the comedian knew exactly where he or she was going with the joke and brought the audience there."

Research is already ongoing with the goal of giving AI a greater understanding of the world around it, which, however, makes the future of AI jokes still uncertain.

- () 1. Why do many jokes come from a male perspective in online materials?
- A. AI prefers male perspectives.
B. Women don't like telling jokes.
C. Men control the comedy industry.
D. Men are more humorous than women.
- () 2. What is AI unable to do with jokes?
- A. Repeat jokes. B. Adapt jokes.
C. Improvise jokes. D. Combine jokes.
- () 3. What is the author's attitude towards the future of AI-created jokes?
- A. Hopeful. B. Doubtful.
C. Uncaring. D. Disapproving.
- () 4. What is a suitable title for the passage?
- A. Can jokes be made by AI?
B. Can AI jokes be genuinely funny?
C. Can AI change the world?
D. Can audiences prefer jokes created by comedians?

B [2025·四川阆中中学高二期中]

I am a big laugh^{er}. I've been told that even in a room of a thousand people, you can always hear me laughing over the crowd. For me, laughter is the ultimate form of embodied joy. And by "embodied", I mean that my whole body is involved when I laugh. On the inside, it's like a bubbling fountain of joy spilling out all over the place.

But what is joy, anyway?

Life can be terrible, but if you decide to follow the sound of the joy-fountain, you will find joy showing up in all kinds of places: pets playfully bouncing around, kindness, or even in nothingness.

How can joy be found? A friend moved into a new apartment and needed some help, so I helped him. Afterwards, he was obviously so much happier and at ease. I noticed that playing even a small part in his happiness brought me great joy, and I took a moment to let this feeling of embodied joy in. We can practise letting joy in by noticing how it feels to smile. Where does your body light up when you smile? When I smile, it makes me want to take a deep breath, and I notice my shoulders and belly relaxing. When I embody caring and loving, it feels great!

Sadly, many of us are unaware of joy, or suspicious of it. Maybe you are afraid to open up to joy, or maybe you are so unfamiliar with what joy feels like that you ignore or resist it when it comes knocking. No one, other than you, owns your happiness, but you might unknowingly block feelings or experiences that help you embody joy. The fact is that when you

can't embody joy, you miss out on one of life's essential vitamins.

Want more joy? Don't be afraid to look silly. Silliness helps us take things less personally. It helps us see the world the way a kid does. When we can find more joy in the small things of everyday life, we can embody happiness, rather than just pursuing it.

- () 5. How is the topic of joy introduced at the beginning of the passage?
- A. By highlighting a joyful experience.
B. By stressing the importance of laughing.
C. By presenting an ultimate form of satisfaction.
D. By sharing the author's understanding of joy.
- () 6. What might be the author's advice on finding joy?
- A. Taking a deep breath.
B. Smiling to your friends.
C. Doing small acts of kindness.
D. Reflecting on nothingness.
- () 7. What might be the reason for many of us missing joy?
- A. That many of us refuse it on purpose.
B. That many of us are insensitive to joy.
C. That many of us lack life's essential vitamins.
D. That many of us are likely to take joy for granted.
- () 8. What is the best title of the text?
- A. Life is the creation of joy
B. A happy man always laughs last
C. People are always unaware of joy
D. Happy people are happy in childhood

班级	
姓名	
题号	
答题区	
阅读理解	
	1
	2
	3
	4
	5
	6
	7
	8

II 写作

第一节 应用文写作(满分 15 分)

[2025·广东深圳部分学校高二期中]

假定你校英文报正在进行征文活动,主题是“Maintain a good mood”。你打算写一篇短文投稿,内容包括:

1. 保持好心情的理由;
2. 保持好心情的方法。

注意:1. 写作词数应为 80 个左右;
2. 短文标题已经为你写好。

How to maintain a good mood

第二节 读后续写(满分 25 分)

阅读下面材料,根据其内容和所给段落开头语续写两段,使之构成一篇完整的短文。

I fell seriously ill when I was twelve and I was in hospital for the better part of the summer. For the first week or so, I was so uncomfortable that I did nothing but sleep. As I started feeling better, I wanted to keep engaged. I read too quickly for my mum to keep me in books and wasn't really interested in television either, so my mum was desperate.

One day, she accidentally hit on one of the most popular trends of the time: making bead (珠子) animals. She bought me a lot of silk thread, a big bag of beads in every colour of the rainbow, and a book that taught me how to make all different types of animals. I got the hang of it quickly, and enjoyed making bead animals, such as snakes, rabbits and turtles.

One morning, one of the nurses came in, saw me working on a beaded keychain, and

praised it warmly as cute. She was one of my favourite nurses, so I offered her one, and she quickly attached the keychain to her ID badge. An elder nurse asked for one, so I gave her one, too, and then my doctor ... and then it seemed like everyone wanted one! I started spending most of my time making them. My mother felt bad that it was turning from a hobby into a burden, but I truly enjoyed it and wanted to make something for everybody who'd been so nice to me when I was sick.

The nurses proudly wore them on their badges, which not only made me smile but also made the other patients smile. Joy was brought into the wards, making us more cheerful. The head nurse also received such a gift and she appreciated it so much. She told me the children in other wards kept asking her where she got it.

注意:续写词数应为 150 个左右。

Paragraph 1:

Her words reminded me that I could do something. _____

Paragraph 2:

The day came for me to give gifts to the children in the wards. _____

► 单元小测

Unit 1

❶ 单句填空(每小题 1.5 分, 满分 15 分)

1. The **barber** combed the customer's hair with _____ (gentle), listening attentively to the customer's preferences for the final look.
2. The harsh winter _____ (cruel) affected the homeless, leaving them struggling to find warmth and shelter.
3. After _____ (examine) by the doctor and learning everything was OK, he felt his **mood** was lifted again.
4. With the gains and losses carefully weighed, we are confident that the plan really **deserves** _____ (try).
5. The book offers an _____ (entertain) look at the history of the city, making it a great read for anyone interested in local culture.
6. Access to **health care** is _____ (essential) a matter of life and death, especially in less developed countries where medical resources are limited.
7. The quality of customer service significantly impacts a customer's _____ (impress) of a **brand**.
8. He engaged in a wide range of exercises designed to rebuild muscle, and made _____ (remark) progress.
9. Inspired by his struggles with deafness, the _____ (compose) produced some amazing pieces, including nine symphonies, five piano pieces, and an opera!
10. I wish our government could set up more free Wi-Fi **spots**, _____ we can get access to the Internet.

❷ 短语填空(每小题 2 分, 满分 10 分)

1. The teacher explained the **complicated** maths problem slowly, making sure no one

would _____ (落后) in their understanding.

2. I don't know what it was that _____ (奏效, 起作用), but I am definitely feeling much better.
3. The **witty remarks** and quick wit of the comedian on stage managed to _____ (使高兴起来) the audience, lifting their spirits and making them forget their troubles.
4. After working all day, he was so tired that he was _____ (没有心情) to go to the **amusement park** with us.
5. After he saw his friend _____ (痛苦) with a **long face**, John's heart sank, and he immediately rushed to offer comfort and support.

❸ 句型训练(每小题 3 分, 满分 12 分)

1. _____ for all the time and effort she had put into her work. (强调谓语的动词)
她确实值得表扬, 因为她为工作投入了大量的时间和精力。
2. _____, John was put on the **spot** during the debate and couldn't get his arguments across effectively. (非谓语的)
没有做好充分的准备, 约翰在辩论中陷入尴尬境地, 无法有效地阐述自己的观点。
3. Using interactive teaching methods, the teacher could _____ in class.
课堂上这位老师通过使用互动式教学方法使学生保持专注。
4. Your inner voice expresses your personal opinions, _____ from what you hear or read.
你内心的声音表达你的个人观点, 而外部的声音告诉你你所听到或读到的观点。

Ⅳ 阅读理解 (每小题 2.5 分, 满分 10 分)

The law of supply and demand determines that an overabundance of anything will lead to a decrease in price. This rule applies not only to goods and services, but also to lifestyle and fashion trends.

In the 19th century, the primitive paintings of Picasso and Matisse shook up the positive image of the French bourgeoisie (中产阶级). In the 1970s, talented musicians with tailored costumes and egos were overshadowed by a band of punk rockers who sang about the cruel realities of ordinary life in poor urban areas.

I predict that this will also happen with beauty standards. The idealized version of life portrayed in fashion magazines will reach a turning point, as people become tired of unattainable perfection.

During my time in Washington DC in the 1990s, I had the opportunity to interact with numerous political celebrities. While chatting with former presidents or bumping into TV pundits (专家) in elevators, I also assisted former Secretary of Defense Robert McNamara, who was my boss' boss. What struck me was how plain these people appeared in real life despite their public characters. Like everyone else, they grappled with insecurities and mood swings, even though they were constantly under the spotlight.

Yes, it was great to drop names on the phone to my friends. My father, of course, couldn't understand why I would ever want to leave there. "Because you're not me and I'm not impressed," I told him. We do not need to lead a luxurious life or make groundbreaking achievements to be content. Happiness can be found in living out the ordinary moments of an authentic life.

Most of us end up being ordinary people without doing anything that changes the world, but that does not mean our lives are

meaningless. In fact, it is precisely this realization that leads to sustainable happiness because, when all is said and done, no one's lifestyle is essentially better than any other's.

- () 1. What is Paragraph 2 mainly about?
- A. People's lifestyle was changed by French bourgeoisie.
- B. New forms of art and music started to focus more on reality.
- C. Artists and musicians called on people to lead a simple and real life.
- D. Ordinary people's understanding of art and music was always in a lower class.
- () 2. What does the author's observation about political celebrities suggest?
- A. They are just like ordinary people.
- B. They lack the ability to lead a normal life.
- C. They are not as successful as they claim to be.
- D. They are not as intelligent as they appear on TV.
- () 3. Which can best replace the underlined phrase in Paragraph 4?
- A. Struggled with. B. Agreed with.
- C. Came up with. D. Competed with.
- () 4. What does the author want to imply in the last paragraph?
- A. No one's lifestyle is the same as others'.
- B. People should strive for a better lifestyle.
- C. People should be content with their own lifestyles.
- D. People should critically evaluate other people's lifestyles.

Ⅴ 语法填空 (每小题 1.5 分, 满分 15 分)

[2025·湖北黄冈高二期中]

Would people be mad at the attackers who throw mud at them? Definitely not! It is not a practical joke but a 1. _____ (bless). The flying mud sends heartfelt wishes as the crowd have fun. This 2. _____ (entertain) scene is just the highlight of the

annual Monihei Carnival (狂欢节) 3. _____
(hold) in Cangyuan Wa Autonomous County in Yunnan.

“Monihei” is the Chinese 4. _____
(pronounce) of the phrase “moh nin hei” used by the Wa ethnic group, meaning “This is what we seek and expect. Keep going!” It is said that the Monihei Carnival draws its significance 5. _____ the customs and beliefs of the Wa people.

The Wa people have great respect for the colour black, 6. _____ symbolizes diligence (勤劳) and health. During the festival, participants from the Wa ethnic group apply a type of medicine to each other 7. _____ (avoid) bad luck and seek health and safety.

8. _____ (celebrate) the Monihei Carnival is not only a local tradition but has also become 9. _____ attraction for tourists both at home and abroad. It 10. _____ (call) the “Oriental (东方的) Carnival”. “It’s a good occasion for people working in big cities to let off some steam,” an Internet user commented online.

Ⅶ 完形填空 (每小题 1 分, 满分 15 分)

Six years ago, Simon Dell began creating his “mouse village” when he spotted a wild mouse in his back garden. Since then, he has added numerous things to it—all 1 from recycled materials.

Simon 2 daily village activities and posts the images across his social media channels. “Without the 3 of making little things for little things, I could soon 4 back into depression,” he says. “The mouse village gave me back my smile. I hope it gives others the same 5 it gives me.”

At the beginning of his journey, after he created the 6 for the original mouse, which he named George, he began 7 more homes next door. Within days, a few mice pals moved in, expecting to also 8 the comforts of the village.

The photographer began adding 9 to the tiny houses, crafting dining tables and clothes washing lines, and giving them props for 10 like painting and gardening. Simon admits it can be 11 to take good photographs of mice as they are 12 animals. “But when it’s sunny, they seem more than 13 to strike a cute pose or two in 14 for a bit of peanut butter.”

Today, Simon says there are around 20 mice in the village, and the mouse village has given him and many of his social media followers great joy among personal 15.

- () 1. A. saved B. gained
C. constructed D. borrowed
- () 2. A. organizes B. monitors
C. illustrates D. photographs
- () 3. A. time B. fun
C. right D. privilege
- () 4. A. sink B. swim
C. shake D. take
- () 5. A. knowledge B. freedom
C. joy D. courage
- () 6. A. shelter B. shelf
C. playground D. road
- () 7. A. examining B. adding
C. removing D. adjusting
- () 8. A. move towards B. bring out
C. benefit from D. appeal to
- () 9. A. details B. rules
C. names D. contacts
- () 10. A. matches B. tricks
C. habits D. hobbies
- () 11. A. essential B. challenging
C. accidental D. impossible
- () 12. A. cute B. amusing
C. dangerous D. wild
- () 13. A. willing B. nervous
C. shy D. ambitious
- () 14. A. support B. exchange
C. balance D. turn
- () 15. A. pleasures B. adventures
C. struggles D. options

班级

姓名

题 答
号 题
阅 区
理 解

1

2

3

4

完 形
填 空

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15